

An iconic trail linking two villages by a high pass separating wild hanging valleys. This traverse is a true mountain experience with all the commitment and precautions that this requires.

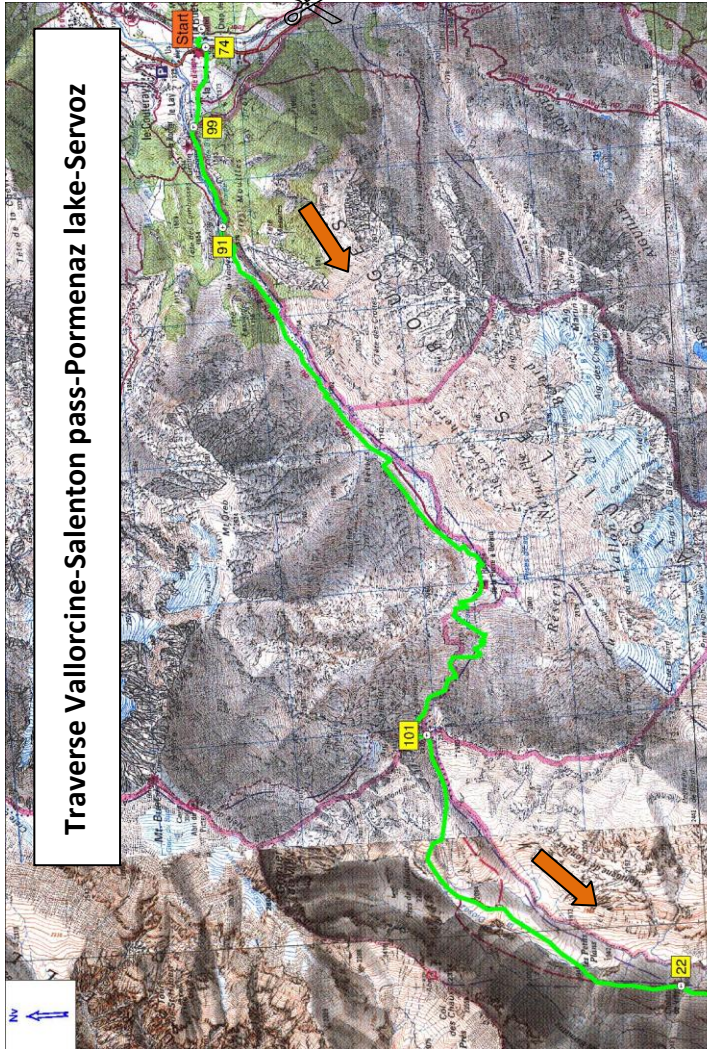


Starting at Le Buet station, there is a « long » ascent to the heart of Bérard valley via the waterfall and the refuge. Passing the latter, the ascent becomes progressively steeper and more technical. In sight of the Col de Salenton, the trail leads into a maze of rocks and boulders. to finally reveal a new valley, greener but wilder. The descent across the alpine pastures of Villy leads to the Moède-Anterne refuge. Between the lakes of La Montagne de Pormenaz the profile of the terrain becomes more undulating, The often slippery path remains demanding, if one wishes to maintain good rate of movement. At the Chalets de Pormenaz, the trail swings round towards the village of Servoz. The final descent is long but quite fun. After traversing the village, a final, flat, kilometre takes the runner to the life-saving SNCF railway.

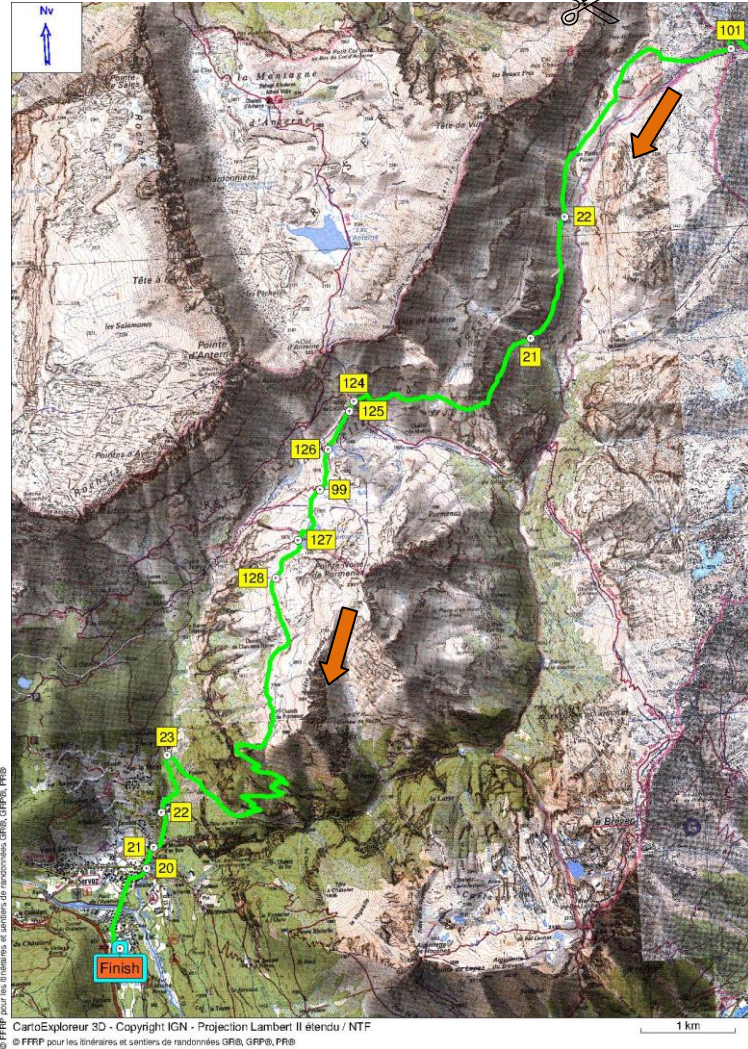
Duration estimated depending on speed : 3 hr ¾ to 7 hrs ½

Trail of 25Km
+1450m
-2000m

Traverse Vallorcine-Salenton pass-Pormenaz lake-Servoz



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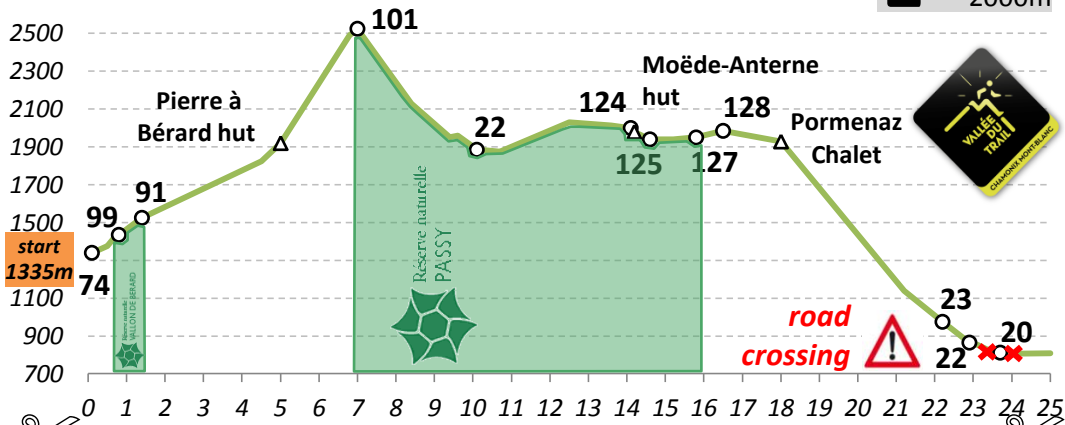


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Traverse Vallorcine-Salenton pass-Pormenaz lake-Servoz

Duration estimated depending on speed : 3 hr ¾ to 7 hrs ½

Trail of 25Km
+1450m
-2000m



Traverse Vallorcine-Salenton pass-Pormenaz lake-Servoz, 25Km, +1450m/-2000m
Start : le Buet train station, cross the car park to get to signpost 74 and the Nature Reserve information board on the far side of the road. Finish : Servoz train station.

Signpost n° ► direction or instruction from this signpost

- 74 ► Cascade de Bérard
- 99 ► Refuge de la Pierre à Bérard
- 91 ► Refuge de la Pierre à Bérard
- Refuge de la Pierre à Bérard ► Col de Salenton
- 101 ► Refuge de Moède-Anterne
- 22 ► Refuge de Moède-Anterne
- 124 ► Lac de Pormenaz
- 125 ► Lac de Pormenaz
- 127 ► Chalets de Pormenaz
- 128 ► Chalets de Pormenaz

Chalets de Pormenaz ► Servoz (Chef Lieu)

- La Fontaine ► Servoz (Chef Lieu)**
 - 23 ► Le Bouchet (Chef Lieu)**
 - 22 ► Follow the road 150m to find a path leading into the forest, on the left. Coming back on to the road, follow it on the left for 100m, then go across at signpost n°21.**
 - 21 ► Le Bouchet (Chef Lieu)**
 - 20 ► Servoz Centre**
- Cross the village center as far as the roundabout. Turn on left to join the train station following the « avenue de la gare » (1km).