

Circuit Vallorcine - Bérard valley - Loriaz hut

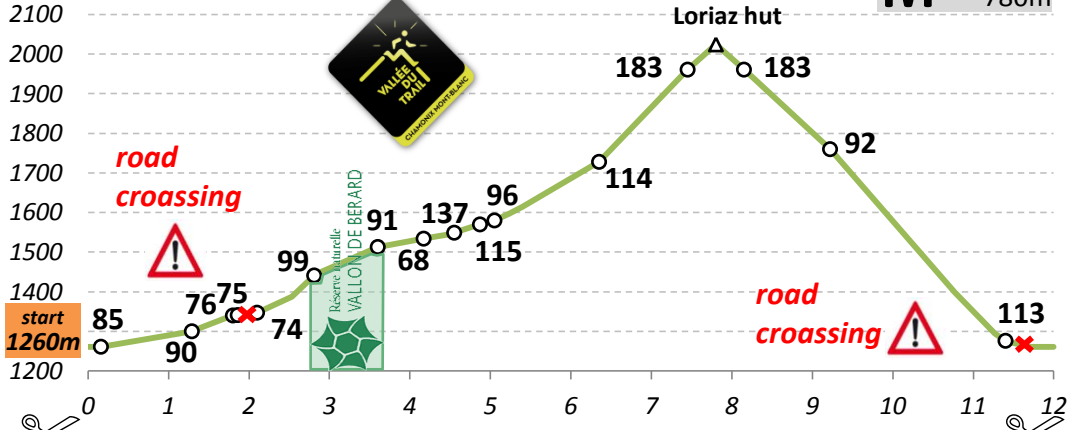
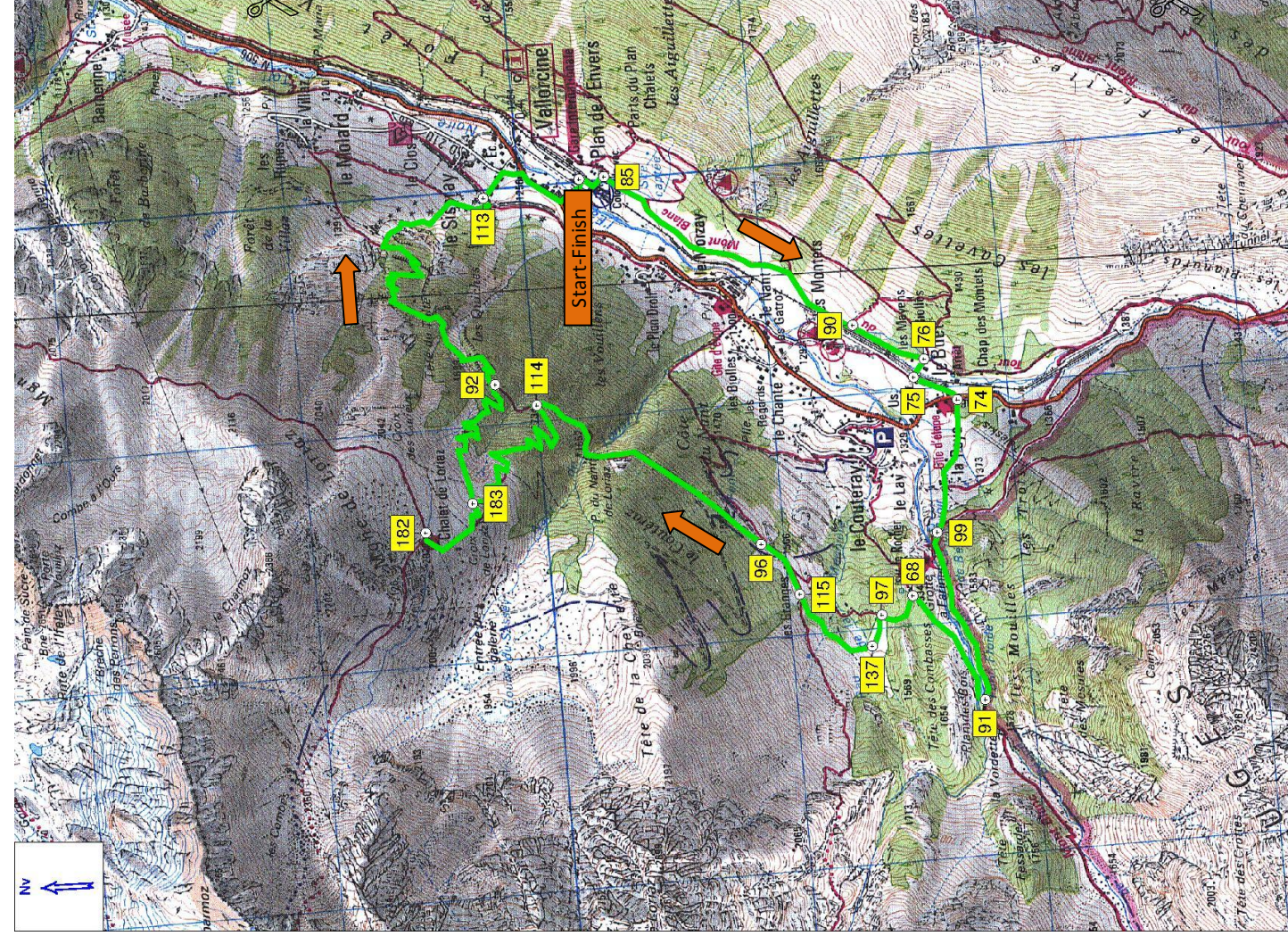
A trail with a simple pyramid profile, convenient for working on adaptation to the layout of the terrain. A progressive ascent which allows for running over the greater part of it, before tackling a rapid, slightly technical descent over essentially soft ground.



Leaving the station of Vallorcine, the trail takes an idyllic path, « Des Diligences » (the carriages), leading to the hamlets of Mayens, Le Buet and then La Poya. Taking the path leading to the Cascade de Bérard, the route plunges into the Bérard valley. The ascent passes via the hamlets of Sur le Rocher and Les Granges. The slope then steepens a little more in the heart of the forest. It comes out into alpine meadows below the Loriaz hut, to which it then leads, looking out over the valley and taking in the Mont Blanc massif. Briefly retracing the path, he route then tackles the direct, slightly technical descent to the village of Vallorcine.

Duration estimated depending on speed : 1 hr ¾ to 3 hrs ½

Trail of **M** 12Km
+780m
-780m



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Circuit Vallorcine – Bérard valley – Loriaz hut, 12Km, +780m/-780m
Start-Finish : Vallorcine train station, opposite the station go right across the level crossing and after twenty metres look for signpost 85.

- Signpost n° ► direction or instruction from this signpost
- 85 ► Les Mayens
 - 90 ► Les Mayens
 - 76 ► Le Buet
 - 75 ► Vallon de Bérard
- Le Buet car park, cross the car park to get to signpost 74 and the Nature Reserve information board on the far side of the road.
- 74 ► Cascade de Bérard
 - 99 ► Refuge de la Pierre à Bérard
 - 91 ► Sur le Rocher
 - 68 ► Tré les Eaux, to the left arriving at Sur le Rocher hamlet.

- 137 ► Les Granges
 - 115 ► Loriaz
 - 96 ► Loriaz, follow upwards as far as the hut Loriaz hut, re-descend as far as signpost 183.
 - 183 ► Vallorcine Chef Lieu
 - 92 ► Le Crot, then at the end of the descent, in the meadows, follow Le Crot signposted on small metal plaques fixed onto the rocks.
- At Le Crot, 20m to the left, 113 ► Vallorcine Office du Tourisme. From there, cross the road and follow it for 200m to the right. On the left you will see the bridge leading to the train station.