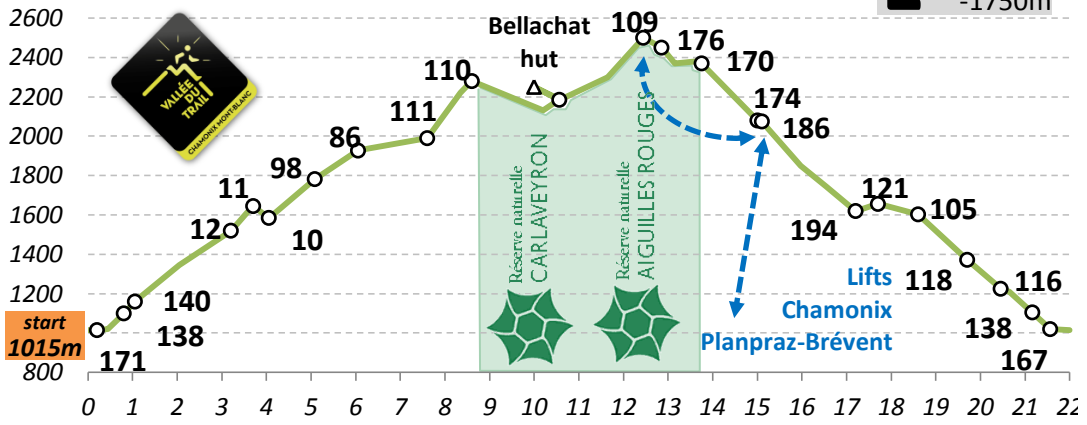


Circuit les Gaillands-Chailloux-aigette des Houches-Brévent

Duration estimated depending on speed : 3 hr $\frac{3}{4}$ to 7 hrs $\frac{1}{2}$

Trail of 22.5Km
+1750m
-1750m



Circuit les Gaillands-Chailloux-aigette des Houches-Brévent, 22.5Km, +1750m/-1750m

Start-Finish : les Pèlerins train station (bus station line 1), upon reaching the lakeside, take the path between the road and the lake for 50m. Cross the road to pick up the signpost 171.

Signpost n°	direction or instruction from this signpost
171	Les Bossons
167	Les Bossons
138	Merlet
140	Merlet
12	Chalets de Chailloux
11	Chalets de Chailloux
10	Chalets de Chailloux
86	Pierre Blanche
111	Aiguillette des Houches
110	Brévent
109	Col du Brévent
176	Col du Brévent
177	Planpraz
174	Chamonix
186	Chamonix - Sentier en lacets
194	Sentier des Gardes (to the right)
121	Plan Lachat
105	Les Bossons
118	Les Bossons
116	Les Bossons
138	Les Gaillands
167	Les Pèlerins

« Long » circuit with lots of climbing, which has the advantage of an exceptional panorama and a diversified technical training terrain. The Brévent sector is rocky, but the paths are always well marked.

From the Lac des Gaillands, the ascent, which is long but regular, is tackled rapidly. Interrupted at Merlet by a short descent, then at Chailloux by a rolling section, the ascent slope steepens before the summit of the Aiguillette des Houches. After a look around at the view, a traversing descent leads to the Col de Bellachat (a return trip to the hut of the same name is possible from here) to make the final assault on the last, more technical, section up to the Brévent (a there-and-back trip to the summit at 2525m, for one of the most outstanding panoramas). Surrounded now by a more rocky environment, the Col de Brévent is rejoined via a technical and untamed traverse. This is the start of a long descent to the valley. After a 1st section which runs along the side of some steep slopes, the Gardes footpath takes the route across onto the Plan Lachat, the final stage of the long descent.

Duration estimated depending on speed : 3 hr $\frac{3}{4}$ to 7 hrs $\frac{1}{2}$

